



2019 Day Race Program Sailing Instructions

1. Rules

1.1. The races will be governed by the current edition of *The Racing Rules of Sailing* (RRS) except as may be altered by the Notice of Race or by these Sailing Instructions.

b. The current PHRF regulations as administered by the Yacht Racing Association of Long Island Sound (YRALIS) PHRF weight limits will not be in effect

1.2. All boats are strongly encouraged to follow the Minimum Equipment and Safety Recommendations of the YRALIS Category C. The VHF radio shall be capable of transmitting and receiving on Channel 05A.

1.3 Prior to the first race signal of the day, each boat shall check-in with the signal boat by sailing by and declaring her intention. There will be no check in by radio.

1.4. A boat withdrawing must inform the Race Committee as soon as possible but no later than leaving the racing area.

2. Notices to Competitors

2.1. Notices to competitors will be posted on the official notice board located at the Stamford Yacht Club dock house and, if applicable, on the event page of yachtscoring.com.

2.2. The race committee may make broadcasts on VHF channel 05A for communications to competitors before or during the race. The timing, order of the broadcast, or the failure of the competitors to hear the broadcast, will not be grounds for redress. This changes rule 29.1 and 60.1(b)

3. Changes to the Sailing Instructions

3.1. Changes to the Sailing Instructions will be posted before 1200 on the day it will take effect, except that any change to the schedule of races will be posted by 2000 on the day before it will take effect. Oral changes may be made on the water via announcements over VHF Channel 05A. This changes Race Signals.

3.2. These Sailing Instructions shall apply to all SYC day races except that the following events may be modified by special Sailing Instructions: Port Jefferson Great Pursuit Race, Valeur Jensen Stamford Denmark Race, Cows Trophy Race, and any other race not part of the Day Race Program.

4. Signals Made Ashore

4.1. Signals made ashore will be displayed from the Signal Boat while at the dock.

4.2. When flag AP is displayed ashore, "1 minute" is replaced with "not less than 60 minutes." This changes RRS Race Signals.

5. Schedule of Races

5.1. The schedule of races will be posted on the Stamford Yacht Club website (www.stamfordyc.com).

5.2. Harbor start for the Weekend Series shall be at 1300 each day. Harbor starts for all other SYC Races will be stated in the Sailing Instructions for those events. It is the intention of the Race Committee for the Weekend Series that the first signal will be at 1400 each day.

5.3. No warning signal for the Weekend Series will be made after 1630.

5.4. It is the intention of the race committee to run multiple races on any racing day. The display of Code Flag “R” at the finish of any race will signal that another race is intended to be started. A verbal announcement from the race committee will also be made.

6. Class Flags

6.1 Each boat shall display from her backstay, at least five feet above the deck, a numeral pennant corresponding to her class.

Class 1 – Spinnaker Class

Class 2 – Non-Spinnaker Class

7. Racing Areas

Attachment 2, “SYC Racing Chart,” indicates the location of the racing area.

8. The Courses

8.1. The course for each class will be indicated on a course board mounted on the Signal Boat. It is also the intention, but not the obligation, of the Race Committee to announce the course via radio.

8.2. Marks shall be rounded in succession in the order displayed, from left to right, so that the boat's rhumbline course to the next mark does not cross the rhumbline course from the previous mark.

8.3. If Mark “W” is used, the compass bearing and distance will appear on the top line on the course board.

8.4. At or prior to the first warning signal, the course for the first class will be signaled from the Signal Boat. The course for each succeeding class, if it is to change, will be displayed no later than the preparatory signal for the succeeding class. This modifies RRS 27.1

8.5. Display of code flag “2nd Repeater” along with the course signals indicates that the course is to be sailed twice around with the start mark (pin end) being treated as a turning mark of the course.

9. Marks

9.1. The marks of the course will be designated on Attachment 1, “Mark Designations” of these Sailing Instructions, unless otherwise noted in Special Sailing Instructions.

9.2. When “S” is a mark on the course, the Start/Finish Mark “S” and the Signal boat will serve as a gate. Upon returning from a signaled mark to “S”, all boats must pass through the “gate” and proceed to the next signal mark.

9.3. Regardless of what tack they are on, when two boats are approaching the gate from opposite directions, the one sailing downwind will have right of way. This modifies rules 10 and 11 under this situation only.

9.4. Except when passing through the gate (as defined in 9.2) all marks shall be rounded so that a boat’s rhumbline course to the next mark does not cross the rhumbline course from the previous mark. When courses between marks are reciprocal, the mark shall be left to port.

9.5. When a temporary mark is being used, the race committee shall display from a course board the compass course and distance to that mark at the previous rounding mark.

9.6. The marks designated as follows:

A - Gong "1", Little Captains Island East Reef

B - Finish at Stamford Breakwater between the flashing green beacon on the west breakwater and the staff displaying an orange flag on the committee boat

F - Green Gong "11B"

C - Red Nun "34" Greenwich Point

j - Red Bell "32-A" Mid Channel Buoy

E - Red /Green Can "E" Eaton's Neck

G - Green Gong "1" Stamford Harbor

H - Red Bell "32" The Cows

S - Start / Finish Mark (inflatable mark)

U - *Leeward Inflatable Mark*

I - Red Bell "28-C" Cable & Anchor Reef

L - Green Gong "15" Lloyd Point

O - Green Bell "17" Oyster Bay

P - Green Can "19" Oak Neck

W - Windward Inflatable Mark

10. The Start

10.1. Races will be started by using Rule 26 of the RRS, with the following addition:
An attention signal (flag F with one sound) will be made 5 minutes before the Warning Signal for the Class 1 only and Class 2. One minute before the first Warning Signal, code flag F will be removed without a sound signal.

10.2. The starting line will be between a staff displaying an orange flag on the Race Committee boat and the course side of a temporary mark set by the Race Committee.

10.3. The Race Committee may elect to start two or more classes simultaneously.

10.4. Every boat whose warning signal has not been made shall keep clear of the starting area and of all boats whose warning signal has been made.

10.5. If more than one boat starts in any one class, the race will be scored as a qualifying race for that series.

11. Recalls

11.1. RRS 29.1 is hereby modified to allow that, in the event of an Individual Recall, infringing boats may be recalled by name or sail number, by loud hailer or over the VHF radio. Failure to make a radio call or the failure of a boat to hear a recall or the order of such calls shall not be grounds for redress.

12. The Finish

12.1. The finish line shall be between a staff displaying an orange flag on the signal boat and the last mark signaled.

12.2. A race may be shortened at any mark on the course. A shortened course will be signaled with code flag "S" and two sound signals. If the race is intended to be shortened for one class and not others, the race committee will display the class flag along with the "S" flag for the class that will have its course shortened.

12.3. The finishing boat may be stationed on either side of the finishing mark. Boats shall finish in the direction of the rhumbline (compass course) from the last turning mark.

13. Time Limit

13.1. The time limit for any class's race will be three hours.

13.2. If a single boat is unduly delaying the completion of a race, the race committee may order the race terminated and score that boat last place. This changes rules 35, A4.1 and A4.2.

14. Protests and Requests for Redress

14.1. A boat intending to protest shall so inform the race committee upon finishing or withdrawing. Protests shall be submitted on standard forms obtained from the Stamford Yacht Club front desk or from the Race Committee. Protests shall be submitted in writing with the Race Committee no later than one hour after the Race Committee has returned to the dock. The Race Committee will post its arrival time on the Official Notice Board.

14.2. To inform competitors of hearings in which they are parties or named as witnesses, notices will be posted within 30 minutes of the protest time limit. Hearings will be held at the Stamford Yacht Club and will be scheduled at the discretion of the Protest Committee.

14.3. In conformance with RRS 61.1(b), and to inform boats of protests received, notices will be posted as soon as practicable after receipt.

15. ARBITRATION

15.1 Arbitration will be held in accordance with Appendix T.

15.2 One representative from each boat will meet with an arbitrator unless the protestor requests that the protest be withdrawn

15.3 The Arbitrator will not be a member of the protest committee that hears the protest, but will be permitted to observe the testimony given and offer testimony. This changes RRS 63.3 (a).

15.4. It is intended that protests be heard at Stamford Yacht Club on date and time to be determined by the parties in conversation with the mediator. It is intended but not required that such hearing be scheduled within 15 days following the race in which the protest occurred.

16. Scoring

16.1. The methods of scoring the races and series are identified in the Notice of Race.

17. Radio Communication

17.1. Except in the case of an emergency, while racing, a boat shall neither make nor receive wireless communication not simultaneously available to all boats. This restriction also applies to mobile telephones.

17.2. It is the intention of the Race committee to monitor VHF channel 05A during all races

18. Disclaimer of Liability

18.1. Competitors participate in any race of the series entirely at their own risk. See Rule 4, Decision to Race. The organizing authority will not accept any liability for material damage, personal injury or death sustained in conjunction with or prior to, during, or after any race in this series.

Attachment 1

A - Gong "1", Little Captains Island East Reef

B - Finish at Stamford Breakwater between the flashing green beacon on the west breakwater and the staff displaying an orange flag on the committee boat

F - Green Gong "11B"

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W - Windward Inflatable
Mark

SYC Racing Chart

